

A photograph of three military personnel in flight suits and headsets, likely in a cockpit or control room. The person in the center is smiling and looking towards the other two. The person on the left is wearing blue headphones, and the person on the right is wearing black headphones. They are all wearing flight suits with camouflage patterns. The background shows parts of the aircraft's interior.

514TH AIR MOBILITY WING FREEDOM FLYER SPRING 2016

**RESERVE & ACTIVE AIRMEN
TEAM UP IN READINESS EXERCISE**

HAPPY BIRTHDAY AIR FORCE RESERVE

**FREEDOM WING HONORS ITS
ANNUAL AWARD WINNERS**



FREEDOM FLYER

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ON THE COVER

Aircraft maintainers of the 714th Aircraft Maintenance Squadron review a computer-based technical order before performing maintenance on a KC-10 Extender.

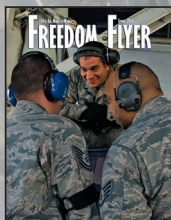


Photo by Senior Airman Terry Clyburn

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Senior Airman Jerry Ciaurro, 714th Aircraft Maintenance Squadron, performs a preventative maintenance check at the flight engineer's station in a KC-10 Extender.

Photo by Senior Airman Terry Clyburn

THE REFUELING SQUADRONS ARE ACCEPTING APPLICATIONS FOR NEW FLIGHT ENGINEERS

PREVIOUS MAINTENANCE OR OPERATIONS EXPERIENCE IS A PLUS, BUT NOT REQUIRED

CONTACT SENIOR MASTER SERGEANT GENE KRETKOWSKI
AT EUGENE.KRETKOWSKI@US.AF.MIL OR (973) 900-7095

News Briefs

Post-911 GI Bill

Most Reserve Airmen with at least 90 days of aggregate active-duty service are eligible for the Post-911 G.I. Bill. For those Airmen with less than three years of active-duty service, the percentage of the total benefit is based on the number of days spent in active-duty status (unit training assemblies are considered inactive duty and do not count toward total days). The benefit percentage increases as Reservists continue to serve.

Total Active Days	Percentage of Benefit
90-179	40%
180-364	50%
365-544	60%
545-729	70%
730-909	80%
910-1094	90%
1095	100%

Also, Reserve Airmen need at least four years retainability from the date of Post-911 G.I. Bill election if you wish to transfer the benefit. More information can be found at www.benefits.va.gov.

Yellow Ribbon

Reservists called to active duty in support of a deployment are eligible to attend events offered by the Yellow Ribbon program. The program provides Airmen and their families an opportunity to relax at an off-site location and participate in various seminars and classes over a two-day period to learn about a multitude of essential resources available.



The following events are scheduled:

April 22-24	Dallas, Texas
May 20-22	Myrtle Beach, S.C.
June 17-19	Orlando, Fla.

Contact Capt. Erin Fassold for more information on the Yellow Ribbon Program at the 514th Air Mobility Wing. She can be reached at erin.fassold.3@us.af.mil or 609-754-1977.

Air Force Reserve 68th Birthday Celebration 14 April 2016

Happy birthday! As we celebrate the 68th birthday of the Air Force Reserve this April, please reflect upon your admirable service to our communities and nation. Our theme for this year's celebration is "stationed locally, serving globally."

The Air Force Reserve was created as a separate component on April 14, 1948, when the Army Air Corps Reserve was transferred to the Air Force. The Air Force Reserve lineage dates back 100 years to when Reserve Airpower was established in the National Defense Act of 1916.

But history is constantly in the making as the old adage goes, and you are doing so each day as a combat-ready force composed of about 70,000 Citizen Airmen stationed locally in over 66 communities throughout the United States and overseas and serving globally for every Combatant Command in air, space and cyberspace.

Our Air Force Reserve mission is to provide combat-ready forces to fly, fight and win. You provide the speed, precision, lethality and payload of airpower

through some 30 aircraft types to fulfill our combatant commander requirements. You also offer agile combat support, space operations and intelligence, surveillance and reconnaissance capabilities day in and day out. Be proud of your innovation, experience and strengths as part of our Total Force team.

Innovation is in our DNA and it comes from the diverse experiences you bring to the mission. In the words of Jackie Cochran, the award-winning Citizen Airman pilot and director of the Women's Airforce Service Pilot Program, "I might have been born in a hovel but I am determined to travel with the wind and stars." And in the words of Ronald Reagan, former Citizen Airman and 40th President of the United States, "While I take inspiration from the past, like most Americans, I live for the future."

Let us continue our proud heritage as innovators, community members, and Citizen Airmen. Thank you for answering the call of duty and contributing to the best air force in the world. Happy birthday Air Force Reserve!



From the Citizen Airmen at
Air Force Reserve Command
Public Affairs

RESILIENCY CORNER:

ADDICTION AND WHAT TO DO ABOUT IT

by **Jaclyn Urmev**

514th Air Mobility Wing director of psychological health

Do you know someone with an addiction? Do you have an addiction yourself? Are you concerned that someone you know might have an addiction?

If so, here are a few warning signs that help identify addictive behaviors that generally prove to be harmful to some degree in your or that person's life:

- Not thinking of anything else.
- Lying or becoming defensive when others question your behavior.
- Feeling anxious or depressed when you stop the behavior.
- Becoming isolated or withdrawn from family relationships and friendships.

Needing to engage in the addictive behavior more often and at higher stakes.

Addiction comes in many forms: drugs, alcohol, sex, work, shopping, gambling, eating, co-dependent relationships, internet, gaming and more. Often times, we can find ourselves overdoing something, but when the behavior is self-destructive and becomes compulsive, or giving in to the desire for the behavior becomes irresistible, professional help is needed.

Several resources are available depending on the

type of addiction. Healthcare providers can provide a referral to a professional counselor or therapist in the local area. Military One Source can provide up to 12 non-medical counseling sessions per person, per issue, at no cost. Your Reserve wing chaplains, Airmen and Family Readiness Office and director of psychological health can assist you with locating additional resources. Addiction-specific support groups or sponsors may be available in the local area as well.

If you suspect a friend may have an addiction, and they are not eligible for the resources listed above, network with others who care about the person and address your concerns in a safe environment. Never place yourself in danger, and seek assistance from an addiction-specific interventionist for additional guidance. Don't wait until it's too late. Find help now.

- Military OneSource: 800-342-9647, militaryonesource.mil
- Chaplain Office: 609-754-3261
- Airmen and Family Readiness Office: 609-754-8229
- Director of Psychological Health: 609-754-2542

For more information on this topic, contact me at 609-754-2542 or jaclyn.urmev@us.af.mil.

RELAXATION & STRESS REDUCTION CLASSES

These classes, which are based on *The Relaxation and Stress Reduction Workbook*, 6th ed., by Davis, Eshelman, & McKay, are held in the Mission Support Group conference room in building 2216

Facing Worry and Anxiety

Wednesday, April 13, 12-1 p.m.
Accurately evaluate your worries. Use worry exposure to overcome your worst fears. Identify and change behavior that contributes to worry.

Visualization

Sunday, April 17, 2-3 p.m.
Use your imagination to relax. Manage stress-related conditions. Create a safe and relaxing place in your mind.

Coping Skills Training for Fears

Wednesday, April 27, 12-1 p.m.
Relax before and during stressful situations. Feel calmer and more capable when anticipating stressful events. Counteract irrational anxious and angry thoughts in stressful situations.

Applied Relaxation Training

Sunday, May 22, 2-3 p.m.
Relax quickly in stressful situations

Self-Hypnosis

Sunday, June 26, 2-3 p.m.
Use self-suggestions for deep relaxation and positive change. Fight stress and stress-related illnesses. Alleviate specific problems such as insomnia

Autogenics

Sunday, July 17, 2-3 p.m.
Respond quickly to verbal commands to relax. Return your body to a bal-

anced, normal state. Calm your mind. Resolve specific physical problems.

Brief Combination Techniques

Sunday, August 21, 2-3 p.m.
Tailor relaxation techniques to fit your specific needs. Combine techniques for a more powerful effect.

Focusing

Sunday, September 18, 2-3 p.m.
Listen to your body and your feelings. Be more self-aware and self-accepting.



Airman 1st Class

Siannie Concepcion, 514 FSS

Senior Airman

Dakota Aiello, 78 ARS

Terrence Clyburn, 514 AMW

John Cueto, 514 AMXS

Nicholas Gunderson, 714 AMXS

Paul Kwakye, 514 FSS

Richard Malloy, 714 AMXS

Alyssa Miller, 514th AMDS

Natacha Sabon, 88 APS

Eric Sbat, 514 CES

Felisha Swaby, 88 APS

Staff Sergeant

Daniel Banks, 714 AMXS

Gregory Coburn, 78 ARS

Michelle Garcia, 732nd AS

Mihai Gorgan, 88 APS

John Jimenez, 35th APS

Duvina Jones, 714 AMXS

Brittney Kelly, 732 AS

Kenny Maldonado, 514 FSS

David Martindale, 514 AMXS

Paul Morrison, 714 AMXS

Domenick Polesel, 88 APS

Matthew Strunk, 514 MXS

Technical Sergeant

Cyril Hinds, 514 CES

Jennifer Pichardo, 514 LRS

Andrew Riley, 88 APS

Katherine Rios, 514th ASTS

Leslie Robinson, 514 AMDS

Alex Alfredo Yllanes, 88 APS

Master Sergeant

Jason Kam, 714 AMXS

Jason Sheets, 514th MXG

Senior Master Sergeant

Thomas Lemere, 514 AMXS

Antonio Ortiz, 714 AMXS

Chief Master Sergeant

Joseph Jones, 76 ARS

Paul Sigloch, 514 AMXS

FREEDOM WING AIRMEN EARN CCAF DEGREE

Sixty-seven Freedom Wing Airmen earned their Community College of the Air Force degree this quarter—an all-time high. The academic endeavors of the wing's Airmen has led to the 514th Force Support Squadron's Force Development office being recognized as a top education center within Air Force

Reserve Command. The recognition is primarily due to the wing's ratio of CCAF graduates to its overall manning number, which is currently in the top 25-percent of AFRC units.

The following Citizen Airmen recently earned a Community College of the Air Force associate degree.

TSgt Stephanie Alicandro, 514 SFS, Criminal Justice
SSgt Kushtrim Alidema, 514 FSS, Human Resource Management
MSgt Kofi Amissah 88 APS, Transportation
SrA Humphrey Anene, 88 APS, Transportation
SSgt Steven Armendariz, 514 ASTS, Criminal Justice
SrA Mariko Azul, 514 ASTS, Pharmacy Technology
TSgt Jared Basolt, 514 AMW, Aircraft Armament Systems Technology
SSgt Benjamin Dariel, 714 AMXS, Aviation Maintenance Technology
MSgt Lauren Boder, 88 APS, Transportation
SSgt Christopher Capitani, 88 APS, Transportation
TSgt Kirk Chatman, 514 AMW, Electronic Systems Technology & Financial Mgmt.
SSgt Courtney Deluna, 514 LRS, Logistics
SMSgt Victor Dempsey, 514 SFS, Criminal Justice
MSgt Scott Denhalter, 514 ASTS, Practical Nursing Technology
TSgt Derek Derosa, 88 APS, Transportation
SSgt Mervic Diaz, 88 APS, Transportation
SMSgt Kendrick Ellison, 714 AMXS, Aviation Maintenance Technology
SMSgt Tonja Ellison, 514 AMDS, Practical Nursing Technology
MSgt John Fielding, 514 MXG, Maintenance Production Management
SSgt Kendra Flowers, 714 AMXS, Aviation Maintenance Technology
SSgt Angel Genao, 714 AMXS, Avionics Systems technology
SMSgt Victor Guzman, 78 ARS, Aviation Operations
SMSgt Jennifer Higgs, 514 AES, Practical Nursing Technology
SSgt Timothy Horbach, 88 APS, Transportation
TSgt Felix Jimenez, 714 AMXS, Aviation Maintenance Technology
CMSgt Joseph Jones, 76 ARS, Aviations Operations
SSgt Serena Justice, 514 AES, Practical Nursing Technology
SSgt Taran Kalladeen, 514 CES, Mechanical and Electrical Technology
MSgt Jason Kam, 714 AMXS, Aviation Maintenance Technology
SMSgt James Kana, 514 MXG, Avionics Systems Technology
SSgt Fred Kariuki, 514 CES, Information Management
MSgt Roman Kernitski, 88 APS, Transportation
SSgt Oliver Kim, 514 SFS, Criminal Justice

SSgt Adam Lazatin, 514 CES, Aviation Maintenance Technology and Fire Science
SSgt April Lee, 514 FSS, Education and Training Management
SSgt Edgar Liranzo, 514 CES, Mechanical and Electrical Technology
MSgt Robert Longo, 514 CES, Fire Science
SMSgt Cheryl Marshall, 514 LRS, Logistics
MSgt Robert Michalowski, 514 MXS, Areospace Ground Equipment Technology
SSgt Steven Miles, 35 APS, Mechanical and Electrical Technology
SrA Annas Mirza, 714 AMXS, Aviation Maintenance Technology
MSgt Rachelle Moss, 88 APS, Transportation
TSgt Marjorie Negron, 88 APS, Human Resource Management
SSgt Silvio Ng, 78 ARS, Health Care Management
SrA Edwin Nistal, 514 SFS, Criminal Justice
TSgt Curtis Palmer, 78 ARS, Logistics
SSgt Pelcheck Joseph, 88 APS, Aircraft Structural Maintenance Technology
SrA John Provence, 514 SFS, Criminal Justice
SSgt Jessica Redding, 514 AES, Practical Nursing technology
TSgt Andrew Riley, 88 APS, Transportation
TSgt Robert Roach, 88 APS, Transportation
TSgt Sylvia Roberson, 514 AMDS, Practical Nursing Technology
SSgt Michael Roberts, 88 APS, Transportation
TSgt Juan Rodriguez, 514 MXS, Aviation Maintenance Technology
MSgt Dana Rolewicz, 514 AMXS, Aviation Maintenance Technology
SrA Ashley Santiago, 514 AMDS, Cardiopulmonary laboratory technology
SSgt Aaron Simon, 514 SFS, Criminal Justice
MSgt Joshua Strouse, 88 APS, Transportation
MSgt Edwin Tirado, 88 APS, Transportation
TSgt Yafael Valentin, 514 SFS, Criminal Justice
TSgt Joseph Vanmorter, 514 AMXS, Aviation Maintenance Technology
TSgt Ivelisse Vasquez, 514 AMXS, Avionics Systems Technology
SSgt Velez Allyn, 514 AMW, Financial Management
TSgt Jade White, 514 AES, Practical Nursing Technology
TSgt Alex Yllanes, 88 APS, Transportation

Certification program recognizes senior enlisted experience

By Tech. Sgt. Jonathan E. White

514th Air Mobility Wing public affairs

Reserve Airmen looking to boost their educational resume can pursue Professional Manager Certification through the Community College of the Air Force.

The certification was initially designed to provide a credential that recognizes the professional accomplishments and experience of senior noncommissioned officers.

“Certification is beneficial because it shows that the recipient has reached a level of professional management knowledge and experience that may be desired by both military and civilian employers,” said Senior Master Sgt. Sal Valeo, 514th Force Support Squadron.

To qualify for the PMC, Airmen must:

- be awarded the seven skill-level or higher;
- complete Airman Leadership School or equivalent enlisted professional military education;
- complete NCO Academy or equivalent enlisted PME;
- complete SNCO Academy or equivalent PME;
- complete 30 semester hours of leadership or management coursework;
- be awarded a CCAF associate degree and
- receive recommendation by their unit commander.

Those who have completed the PME requirements have already acquired 24 of the required 30 semester hours of leadership and management coursework. The remaining six semester hours must be completed by accredited leadership and management coursework or by testing for credit in subjects such as principles of management, personnel management, human resource management, principles of supervision and organizational behavior. Courses pertaining to process management are not acceptable.

The one-time certification does not require re-certification.

Master Sgt. Timothy Mullin, a first sergeant with the 732nd Airlift Squadron, said he pursued the certification because it was next logical step in documenting his military and civilian education.

“Due to the fact that you must have your CCAF and SNCOA complete to earn the certification, I figured this might help set me apart from my peers,” Mullin said. “I think that having the certification will improve a civilian resume. Hopefully employers recognize the training we receive in leadership and management and see it as a valuable asset.”

For more information, visit the Air Force Portal or email ccaf.deal@us.af.mil or 514fss.dpmt@af.mil.

PROFESSIONAL MANAGER CERTIFICATE

**Boost your resume with with a
Professional Managers Certifcate from
the Community College of the Air Force.**

**Most Senior Noncommissioned Officers
are already qualified.**

Opportunities available for top enlisted Airmen

By Shawn J. Jones

514th Air Mobility Wing public affairs

For hard-charging noncommissioned officers interested in broadening their military knowledge and perspective, the window is open to apply for enlisted developmental education.

The enlisted developmental education board meets May 16-20 to identify and select the best qualified enlisted Airmen for placement into in-residence professional-development courses.

Airmen can apply for many opportunities, such as the International SNCO Development Course, the Reserve Enlisted Legislative Fellowship and sister-service leadership

academies.

"You're exposed to a higher level perspective," said Chief Master Sergeant Kevin Warbrick, the command chief master sergeant of the 514th Air Mobility Wing. "This is not a box-checking situation. It's more of an opportunity for personal broadening and professional growth."

The board will evaluate applicants based on the whole-person concept, which includes depth and breadth of military experience and responsibilities.

One way Airmen can describe their whole-person qualities is by completing their Reserve Enlisted Development Plan, more commonly known as the REDP, which is found on the

virtual personnel center.

"If you don't have that complete, you're not even in the game," Warbrick said.

Airmen can apply for several opportunities and indicate their order of preference. The best candidates are matched to their respective opportunity based on the needs of the Air Force Reserve, followed by consideration of the individuals' preferences.

Attendance at a specified course will enhance an Airman's professional qualities, leadership abilities and academic and education achievements.

Airmen can find more information by visiting myPers and search for EDEB.

ENLISTED DEVELOPMENT COURSES

Reserve Component National Security Course

This course is designed to lay a foundation for students moving on to joint command management and staff responsibilities in a multi-national, intergovernmental or joint national security setting. The curriculum consists of lectures, panel discussions, seminars, on-site visits and a simulation exercise dealing with national security policy and defense resource management.

International SNCO Development Course

This course is held as a part of the training process within the International Air Reserve Symposium and the Swiss Air Force. Upon completion of the course, the participants will further develop appropriate leadership skills in an international environment, exchange leadership experiences in an international setting, and gain insight into schedule of leadership training of the Swiss Armed Forces.

Reserve Enlisted Legislative Fellowship

This fellowship offers instruction and hands-on experience on Capitol Hill through education and development activities consisting of: an intensive orientation of Congress; a full time assignment to the staff of a member, committee, or support agency of Congress in Washington D.C.; and periodic seminars throughout the fellowship. The program also provides opportunities to write and develop research for legislative issues for the Air Force and the nation. This is a 54-month commitment including six months of academic courses, one year on Capitol Hill, and a 36-month post-fellowship active-duty service commitment in full-time AGR status.

Chief Leadership Course

The Chief Master Sergeant Leadership Course consists of 30 days of distance learning and 20 days in-residence academics. The course bridges operational-to-strategic perspectives of the Air Force in the joint, combined and interagency operating/strategic environment. It educates chiefs to apply leadership, management and communication concepts to problems associated with their area of responsibility. This is accomplished with a major focus on research, writing, and case analysis to engage the students' higher levels of learning.

Navy Senior Enlisted Academy

The Navy Senior Enlisted Academy provides senior enlisted leaders education in communication skills, leadership and management, national security affairs, Navy programs and physical fitness.

Marine Corps Staff NCO Academy Advanced Course

The Advanced Course provides students with the knowledge and skills necessary to assume leadership roles of greater responsibility. Instruction places emphasis on leadership development and warfighting skills.

Coast Guard Chief Petty Officer Academy

This opportunity has been carefully designed to provide students with the skills, knowledge and attitude to make this transition as smoothly and effectively as possible. Our graduates are ready to become the backbone of the enlisted workforce. Major themes include: professionalism; self-awareness; leadership; communications; strategic thinking; education and lifelong learning; health and wellness; and community service.

NATO SNCO Orientation Course

This course provides a foundation of knowledge of NATO, including structure, policies and operations, as well as current issues affecting the alliance, to NATO and partner nation non-commissioned officers and civilian equivalents.

NATO NCO Intermediate Leadership Course

This course provides in-depth knowledge to E6s and E7s of intermediate leadership skills, management abilities and knowledge of NATO including; structures, policies, operations and current issues affecting the alliance, enabling NCOs to effectively apply these skills in the international setting.

NATO NCO Advanced Leadership Course

This course provides in-depth knowledge of advanced leadership skills, management abilities and knowledge of NATO, enabling E8s and E9s to effectively apply these skills in international settings.

IMA POSITIONS OFFER A DIFFERENT WAY TO SERVE

By Master Sgt. Chance Babin

Air Force Reserve Command Recruiting Service

With Air Force Reserve Command's end-strength increasing by 2,100 Airmen from fiscal year 2015 to 2016, Reserve recruiters are striving to meet their goal of 8,500 new accessions for FY16.

One strategy recruiters are using involves trying to get people to transfer from the unit program to the individual mobilization augmentee program.

Unlike traditional Reservists who serve one weekend a month and two weeks a year, IMAs, who are assigned to active-duty Air Force units, respond to a training schedule based on the needs of their host organization. IMAs are assigned to funded positions and participate with the host organization for 24 to 48 training periods each year. They often complete their annual training requirements all at once.

IMAs receive military pay, benefits and retirement points just like their traditional Reserve counterparts.

With the unit program, which consists of air reserve technicians and traditional Reservists, currently at 107-percent manning, and the IMA program at 86-percent manning, the Recruiting Service is targeting Reservists in overage positions and getting them to consider opportunities in the IMA program.

In the middle of 2015, key leaders from the Air Reserve Personnel Center, Headquarters Readiness and Integration Office and Recruiting Service collaborated together in order to target the under-execution of the IMA program, said Capt. Robert Bruce, Recruiting Service chief of operations and training at Robins Air Force Base, Georgia. "With end-strength on the rise, the Recruiting Service hired eight seasoned recruiters (two per squadron)

to specifically target key vacancies in an effort to robust IMA manning while at the same time effectively manning AFRC."

For many, the IMA program is an attractive option since it offers greater flexibility when completing inactive duty training. In addition to flexibility, the IMA program offers many other advantages, including force-development opportunities, promotions, the opportunity to complete all annual requirements in one shot and getting more job experience.

Critical-skills recruiters involved in the process of working the packages for Airmen wanting to transfer from the unit to the IMA program takes a lot of work off of the shoulders of members of the force support squadron.

For more information, email gary.lopriore@us.af.mil or holly.smithson@us.af.mil or call 609-444-6727 or 609-491-9750.

**Looking for
a promotion?**

**A more flexible
duty schedule?**

**A new
challenge?**

If so, an IMA assignment is for you!

Recruiters have vacancies available.

To discuss your options, contact:

Master Sgt. Gary Lopriore @ 609-444-6727 or
Master Sgt. Holly Smithson @ 609-491-9750



76th Air Refueling Squadron





WING CELEBRATES THE YEAR'S OUTSTANDING AIRMEN



Photos by Senior Airman Terry Clyburn

The following Airmen were recognized for excellence at the Freedom Wing's annual awards banquet, March 19.

Outstanding Airmen of the Year

Senior Airman Alexander L. Burckhardt
514th Security Forces Squadron

Outstanding NCO of the Year

Tech. Sgt. Ryan Miller
514th Maintenance Squadron

Outstanding Senior NCO of the Year

Master Sgt. David Tingle
514th Security Forces Squadron

First Sergeant of the Year

Senior Master Sgt. Jose Velez
714th Aircraft Maintenance Squadron

Company Grade Officer of the Year

Capt. Brandice Severin
514th Civil Engineer Squadron

Category I Civilian of the Year

Allison Bindell
514th Mission Support Group

Category II Civilian of the Year

John Miller
514th Mission Support Group

Joseph A. McNeil Award

Senior Master Sgt. Carl Ostergaard
88th Aerial Port Squadron

Chief Kolesnikov Mentoring Award

Lt. Col. Daniel Neff
78th Air Refueling Squadron

Mitchel Cup

78th & 76th Air Refueling Squadron

Freedom Award Winner - Squadron

78th Air Refueling Squadron

Freedom Award Winner - Group

514th Maintenance Group



High-altitude training strengthens NATO military capabilities

By Master Sgt. Donna T. Jeffries
514th Air Mobility Wing public affairs

Air Force Reserve tanker aircrew and aircraft maintainers from Joint Base McGuire-Dix-Lakehurst, N.J., joined forces with U.S. European Command and NATO fighter squadrons to execute refueling training missions from Jan. 25 - Feb. 4, in support of Operation Atlantic Resolve.

Operation Atlantic Resolve is a demonstration of the United States' continued commitment to the collective security of NATO and dedication to the enduring peace and stability in the region, in light of the Russian intervention in Ukraine.

According to European Command, the European Reassurance Initiative enables DoD to continue conducting military exercises and training on land, in the air and at sea, while sustaining a rotational presence across Europe in support of Operation Atlantic Resolve. It also allows the U.S. to continue to take the necessary actions to increase the readiness and responsiveness not only of its military forces in Europe, but also of its NATO allies and partners to address any threat and help deter further destabilizing activities in the region.

The Reserve Airmen assigned to the 514th Air Mobility Wing here spent those two weeks at Naval Air Station Sigonella, Italy, honing their skills with the 52nd Fighter Wing, a U.S. Air Force unit out of Spangdahlem Air Base, Germany, and with the Greek air force, both flying the F-16 Fighting Falcons.

The experience was mutually beneficial the Reserve tanker pilots collectively voiced as they gained more experience working within international constraints and guidelines, and for two of the pilots, it was their first time refueling foreign fighters. The crew agreed the most chal-

lenging part was getting used to the foreign accents from the air traffic controllers which they handled by clarifying communications more often.

"We all use the same procedures when it comes to refueling," said the tanker aircraft commander referring to both the receiver and refueler. "The only difference

is that some NATO nations have no contact specifically with the KC-10 for months," he said.

Unlike the American fighter pilots who routinely receive fuel from the bigger tanker, the Greek fighter pilots had little to no previous experience refueling with the KC-10. That factor did not stop the successful completion of the mission. The numbers reflect how well the training went. By the end of the operation, the



Photo by Master Sgt. Donna Jeffries

East of Athens, over the Aegean Sea, a Reserve KC-10 aircrew practices air refueling with American and Greek fighter pilots flying the F-16 Fighting Falcon Jan. 25-Feb. 4 as part of Operation Atlantic Resolve.

Freedom Wing crews amassed 108 refueling contacts.

The maintainers also contributed to the success of the mission.

Being far away from home station increases the importance of ensuring aircraft maintenance is a non-issue. The eight-man team from the 714th Aircraft Maintenance Squadron arrived with the basic kit and parts and was on hand to handle all problems.

"Having a complete crew of maintainers on hand to keep the tanker flying was invaluable, as it's impossible to foresee what maintenance issues may arise," said one of the aircrew members.

Only one aircraft issue kept the tanker on the ground for a short period of time during the operation, and with the right part, the maintenance crew had the refueler back in operation for its final day of flying.

More training opportunities are slated in 2016 as Operation Atlantic Resolve will remain in place as long as the need exists to reassure U.S. allies and deter Russia from regional hegemony.

RETIREMENTS



Photo by Shawn J. Jones

Master Sgt. Dan Fekete, 514th Force Support Squadron



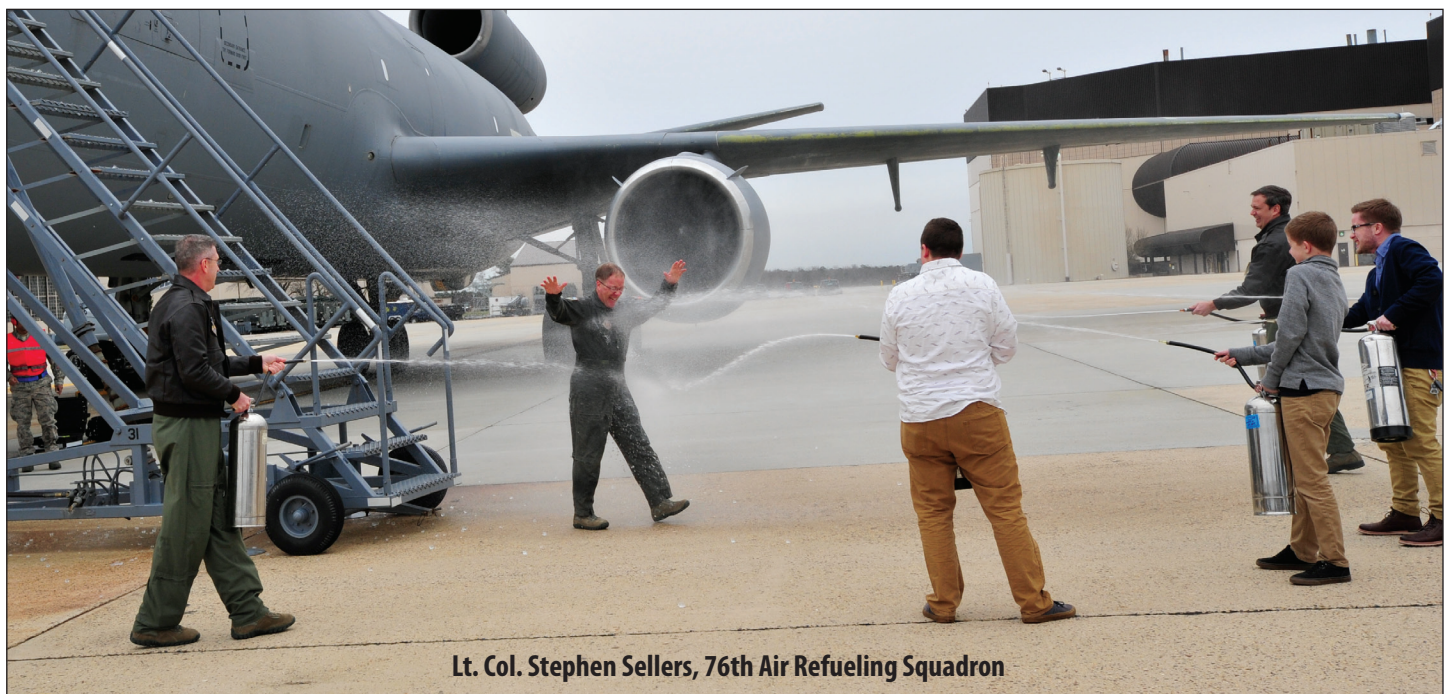
Photo by Master Sgt. Donna Jeffries

Master Sgt. Sandy Jackson, 514th Air Mobility Wing



Photo by Senior Airman Jasmine Zielomski

Lt. Col. Linda Stokes-Crowe, 514th Aeromedical Staging Squadron



Lt. Col. Stephen Sellers, 76th Air Refueling Squadron

Photo by 2nd Lt. Emily Rautenberg



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JOINT BASE MCGUIRE-DIX-LAKEHURST, NEW JERSEY
Saturday, May 14 & Sunday, May 15 2016



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Heritage Displays • Food & Beverage • Kid Zone*

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PASS IN REVIEW



Photo by Senior Airman Jasmine Zielomski

Lt. Col. Joseph Zackaricz (left), commander, 714th Aircraft Maintenance Squadron, recognizes the accomplishments of Senior Master Sgt. Leonard Werner, 714th AMXS, February 21. Werner was recognized by the 200 Club of Burlington County and presented the Distinguished Service Award for his community involvement. Werner was also presented the Military Outstanding Volunteer Service Medal in front of his friends, family and law enforcement peers.



Photo by Senior Airman Terry Clyburn

Capt. Sherry Reill, a critical care air transport team nurse with the 514th Aeromedical Staging Squadron reviews catheters while organizing medical equipment at Joint Base McGuire-Dix-Lakehurst, N.J., March 6. The squadron is reorganizing equipment to develop a simulation lab.



Photo by Tech. Sgt. Jonathan E. White

Col. Anthony Esposito (left), 514th Maintenance Group commander, passes the guidon to Maj. Tabitha Potok during a change-of-command ceremony in which she took command of the 514th Aircraft Maintenance Squadron.

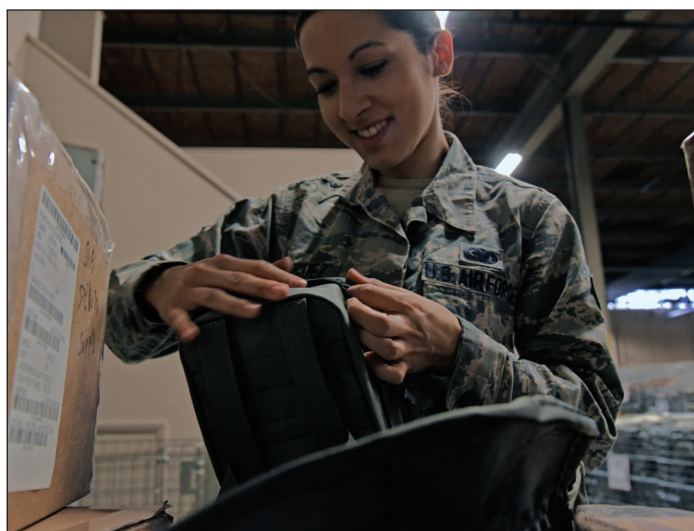


Photo by Senior Airman Terry Clyburn

Senior Airman Mary Rodriguez, an individual protective equipment journeyman with the 514th Logistics Readiness Squadron, completes an inspection of a gas mask carrier so that it is ready for use by deploying Airmen. Gas masks are tested every two years when not in a chemical environment.

A C-17 Globemaster III sits on the Combat Readiness Training Center runway in Gulfport, Miss., March 5. Airmen from the 514th Air Mobility Wing, 305th Air Mobility Wing, 621st Contingency Response Wing and 87th Air Base Wing were in Gulfport for Operational Readiness Exercise 03-16, the first time the wings came together for an ORE.



Photo by Senior Airman Lauren Pitts

MCGUIRE AIR POWER COMES TOGETHER IN MOBILITY EXERCISE

By Senior Airman Lauren Pitts

Joint Base McGuire-Dix-Lakehurst Public Affairs

Airmen from the 305th Air Mobility Wing, 87th Air Base Wing, 621st Contingency Response Wing and 514th Air Mobility Wing touched down at the Gulfport Contingency Readiness Training Center March 5, 2016, as part of the operational readiness exercise Crisis Response 03-16.

The week-long ORE was the first time the four wings came together for an operations readiness exercise and will assess the ability to generate, launch and recover aircraft while providing global mobility.

"This is a great opportunity for all the synergies to come together," said Lt. Col. Michele Lobianco, 305th AMW Operations Support Squadron director of operations and Air Expeditionary Group commander on the merging of the units.

The exercise is chance for Joint Base MDL units to flex four of its wings to train like they fight and, said Lt. Col. Dan Lang, 305th AMW Aircraft Maintenance Squadron commander and 305th AMW Deployed Maintenance Squadron commander.

"This is about rapid global mobility excellence," Lang said. "Not

just providing it out of Joint Base McGuire-Dix-Lakehurst, but proving that we can pick up and do it from anywhere."

Aside from all the different wings together at one time, there is another unique aspect to this exercise, explained Lobianco, who tried to include as many 3-level Airmen - the lowest skill level - as possible.

"You can say 'I want my best people on this,' and you already know what the results will be," Lobianco said. "But what does that accomplish? I want to know how can we get more experience for these younger folks that will be out the door on real deployments in a few months."

Lobianco and Lang believe there's no better way to set Airmen up for success than to expose them to real-world operations, and see first-hand where they fit into the big picture.

"This is a great opportunity for these Airmen to peek behind the curtain and get a glimpse of what's coming their way," Lobianco said. "This way while they're completing their training, it will mean something."

The extra training and exposure is not just for the younger Airmen, said Lang, who believes the higher-ups can benefit just as much from having the lower ranks participating.

"You can come here with a stacked deck of experienced maintainers, but our young Airmen surprise me every day with their innovation," Lang said. "I'm learning from the three-levels, and I'm a better leader because they're here."

Another priority for Lobianco is emphasizing the total force -aspect of the exercise. With all wings calling Joint Base MDL home, she believes it's important to bring lessons learned in a deployed environment back to the home front.

"I really want us to work on relationships when we're home at the joint base," Lobianco said. "We're part of the same team, just with different numbers in front of our wings."

"I want us to identify seams and gaps between our agencies," Lang added. "If we can identify and fix them here and then we do this real-world, they're already worked out and our Rolodexes are full."

With a week's worth of operations ahead, leadership is confident that all Airmen, regardless of their wing, will use the exercise as an opportunity to identify strengths and weaknesses, and make strides to improve them.

"Attitude is everything," said Lobianco. "Bring it on, we're ready, and we'll see where the week takes us."



Photo by Senior Airman Lauren Pitts

2nd Lt. Jon Gerhardt, 732nd Airlift Squadron C-17 pilot, looks through his goggles at an aircrew contamination and control area during an operational readiness exercise in Gulfport, Miss., March 8. The drill tested the crew's ability to respond to decontamination procedures.

RESERVISTS GET ACTIVE IN READINESS EXERCISE

By Senior Airman Lauren Pitts

Joint Base McGuire-Dix-Lakehurst Public Affairs

GULFPORT, M.S. -- The 514th Air Mobility Wing has been fully immersed in the mission and operations of Operational Readiness Exercise 03-16 in Gulfport, Mississippi, March 5 through 12, 2016.

The ORE, hosted by the 305th AMW, is the first time the wings have exercised with the 87th Air Base Wing and 621st Contingency Response Wing all together.

"What a fantastic opportunity to be able to take part in this," said Col. Cynthia Wong, 514th Mission Support Group commander, who had yet to interface with the 621st CRW before this exercise.

As the only reserve-component in the exercise, Airmen from the 514th AMW are not only pulling their weight, but gaining valuable lessons learned from working with their active-duty counterparts - and joint base neighbors.

For example, members from the 621st and 514th's aerial port squadrons execute their mission's differently, Wong continued. Because of the time constraint for training, the 621st APS approaches training with an entirely different methodology.

"Our guys really know their one area and have clearly defined operating lanes," Wong said of her Airmen. "It was really interesting for us to see the individual 621st porters with multiple areas of expertise making them interchangeable when necessary."

However, aerial porters are not the only Airmen the 514th sent to participate in the exercise. The reserve wing

pitched in leadership, aircrews, maintainers, fuel technicians, personnel, logistics, medical technicians, and wing inspection team members - all of whom are eager to give all they've got to the total force mission.

"From an outside perspective, I feel like the reserves are perceived in many different ways," said Maj. Gwendolyn Soden, 514th Director of Operations and wing inspection team director, who believes that it is easy to misunderstand the role of reservists due their part-time nature.

"Our Citizen-Airmen serve differently--in the precious downtime between civilian jobs and family time--and we bring a lot of experience and a unique perspective to the table," Soden explained. "That's really what I want people to capture about us in this exercise."

Wong also gave credit to her Airmen who answered the call to support positions last minute, who were only notified of the ORE earlier this year.

"A few months may seem like enough time to active duty service members," Wong said. "But in the reserves, our people have civilian jobs that require advance notice and scheduling many months out. I really have to commend the 40 volunteers we had who stepped up to fill the gaps."

Throughout the week, Airmen have blended training and procedures - seamlessly coming together to complete the mission.

"You would never know they belonged to separate units," said Soden. "They work like they've been one team for months."

HOLDING DOWN THE LINE

While many active-duty aircraft maintainers were participating in an operational readiness exercise in Gulfport, Miss., March 5-12, the air mobility mission at Joint Base McGuire-Dix-Lakehurst did not stop. Dozens of traditional Reservists from several units within the 514th Maintenance Group stepped up to make sure the base's KC-10 Extenders and C-17 Globemaster IIIs were ready to contribute to one of the Air Force core competencies—Rapid Global Mobility.



Photo by Shawn J. Jones



Photo by Shawn J. Jones





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Photo by Senior Airman Terry Clyburn

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